

Suicide Data: Vermont



Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2019 data from the CDC, the most current verified data available at time of publication (January 2021).

8th leading cause of death in Vermont

2nd leading

cause of death for ages 10-34

4th leading

cause of death for ages 35-54

6th leading

cause of death for ages 55-64

14th leading

cause of death for ages 65 & older

Suicide Death Rates

| | Number of Deaths by Suicide | Rate per 100,000 Population | State Rank |
|------------|-----------------------------|-----------------------------|------------|
| Vermont | 110 | 16.03 | 25 |
| Nationally | 47,511 | 13.93 | |

See full list of citations at afsp.org/statistics.

XX% of communities did not have enough mental health providers to serve residents in 2020, according to federal guidelines.

Over twelve times as many people died by suicide in 2020 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 1,944 years of potential life lost (YPLL) before age 65.

88.06% of firearm deaths were suicides.

53.64% of all suicides were by firearms.