

# Suicide Facts & Figures:

## Wyoming 2020



On average, one person died by suicide every 60 hours in the state.

More than four times as many people died by suicide in Wyoming in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 3,058 years of potential life lost (YPLL) before age 65.



Suicide cost Wyoming a total of **\$155,148,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,184,336 per suicide death.**



## 7th leading cause of death in Wyoming

### 2nd leading

cause of death for ages 10-44

### 5th leading

cause of death for ages 45-54

### 6th leading

cause of death for ages 55-64

### 15th leading

cause of death for ages 65+

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Wyoming	147	24.77	3
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from [www.cdc.gov/injury/wisqars/fatal.html](http://www.cdc.gov/injury/wisqars/fatal.html) on 3/1/2020).

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## Suicide Prevention Programs and Initiatives

- State suicide prevention efforts are led by the Wyoming Injury & Violence Prevention Program (WIVPP) within the Wyoming Department of Health (WDH), Public Health Division (<https://bit.ly/2FusjVs>), as required by Wyoming Statute § 9-2-102. Program leadership receives advice and counsel from the Wyoming Suicide Prevention Advisory Council (WySPAC), a statewide group of individuals and organizations created to improve well-being by reducing suicidal behaviors over the lifespan.
- The WIVPP assists communities in coalition building; provides technical assistance and training to state and local agencies, organizations, and professional groups; maintains a library of suicide prevention data and publications (see <https://bit.ly/36A22gV>); and disseminates information on best practices.
- WDH, in collaboration with WySPAC and the Prevention Management Organization of Wyoming, developed Preventing Suicide in Wyoming: 2017-2021 State Suicide Prevention Plan; see <https://bit.ly/2HimPxS>.
- WY Statutes require that each teacher and school administrator receive at least 8 hours of suicide prevention education every 4 school years, and at least 2 hours of education during the initial school year of employment (§ 21-3-110(a)(xxxiii)); and that the state superintendent review and make available suitable materials for that education (§ 21-2-202(a)(xxxv)) (Jason Flatt Act).
- WY Statute § 26-20-701 requires all individual and group health insurance policies to meet the requirements of the federal Mental Health Parity and Addiction Equity Act and related regulations and allows the Insurance Commissioner to enforce said requirements (HB 211, adopted 2/27/19).

## Get Involved

The **AFSP Wyoming Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Wyoming**  
[wyoing@afsp.org](mailto:wyoing@afsp.org)

### Become an Advocate

AFSP's Wyoming advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

**Visit [afsp.org/advocate](https://afsp.org/advocate) to sign up!**