

Suicide Facts & Figures:

Utah 2020



On average, one person died by suicide every 13 hours in the state.

Almost eleven times as many people died by suicide in Utah in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 16,793 years of potential life lost (YPLL) before age 65.



Suicide cost Utah a total of **\$629,958,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,331,835 per suicide death.**



7th leading cause of death in Utah

1st leading

cause of death for ages 10-24

2nd leading

cause of death for ages 25-44

4th leading

cause of death for ages 45-54

7th leading

cause of death for ages 55-64

17th leading

cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Utah	665	22.13	6
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

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Suicide Prevention Programs and Initiatives

- The Utah Suicide Prevention Coalition (<http://utahsuicideprevention.org/>), a public-private partnership, published the Utah Suicide Prevention Plan 2017-2021 (<https://bit.ly/2tqt2kP>).
- Utah law requires: all licensed school district and charter school employees to complete 2 hours of training on youth suicide prevention within their license cycle (§ 53G-9-704); the State Board of Education to designate a school suicide prevention coordinator (§53G-9-702); and school districts to offer free parent seminars on suicide prevention (§ 53G-9-703).
- Utah law requires the Division of Substance Abuse and Mental Health (DSAMH) to designate a state suicide prevention coordinator (§ 62A-15-1101), establishes a 24/7 School Safety and Crisis Line within the University Neuropsychiatric Institute and creates the School Safety and Crisis Line Commission (§§ 53B-17-1201 to 1204).
- Utah law requires at least 2 hours of training in suicide prevention as a condition of licensure for recreational therapists (§ 58-40-302), social workers (§ 58-60-205), marriage and family therapists (§ 58-60-305), clinical mental health counselors (§ 58-60-405), and substance use disorder counselors (§ 58-60-506); and requires, as a condition of license renewal, nurse practitioners (§ 58-31b-305), physicians (§ 58-67-303, § 68-303), and physician's assistants (§ 58-70a-304) view an online suicide prevention video created by the Division of Occupational and Professional Licensing (§ 58-1-601).
- Utah law establishes and makes appropriations to the Survivors of Suicide Loss Account to provide grants for mental health treatment and family bereavement services (§ 62A-15-1502).
- HB 41 (adopted 3/22/18) directs DSAMH to establish a 24/7/365 Statewide Mental Health Crisis Line with a short code for texting and N11 number for calls and to ensure calls are answered promptly by a mental health therapist or trained crisis worker.

Get Involved

The **AFSP Utah Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Utah
utah@afsp.org

Become an Advocate

AFSP's Utah advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!