

# Suicide Facts & Figures:

## Oregon 2020



**On average, one person died by suicide every 10 hours in the state.**

**More than five times as many people died by suicide in Oregon in 2018 than in alcohol related motor vehicle accidents.**

The total deaths to suicide reflected a total of 16,408 years of potential life lost (YPLL) before age 65.



Suicide cost Oregon a total of **\$740,356,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,080,811 per suicide death.**



## 8th leading cause of death in Oregon

- 1st leading**  
cause of death for ages 10-24
- 2nd leading**  
cause of death for ages 25-34
- 3rd leading**  
cause of death for ages 35-44

- 5th leading**  
cause of death for ages 45-54
- 8th leading**  
cause of death for ages 55-64
- 13th leading**  
cause of death for ages 65+

### Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
<b>Oregon</b>	<b>844</b>	<b>19.02</b>	<b>16</b>
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from [www.cdc.gov/injury/wisqars/fatal.html](http://www.cdc.gov/injury/wisqars/fatal.html) on 3/1/2020).

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## Suicide Prevention Programs and Initiatives

- Oregon's Zero Suicide Program is part of the Injury and Violence Prevention Section housed within the Oregon Health Authority (OHA), Public Health Division. See <https://bit.ly/2EIHDNK>. Preventing suicide is a priority area from Oregon's 2015-2019 State Health Improvement Plan (<https://bit.ly/2WnNsXR>).
- Oregon law (ORS §§ 418.731 & 418.733) provides for a Youth Suicide Intervention and Prevention Coordinator within OHA to facilitate development of a statewide plan and to update the plan every 5 years. For the latest Youth Suicide Intervention and Prevention Plan: 2016-2020 and 2019 Annual Report see <https://bit.ly/2PQJtgv>. The law (ORS § 418.726) also establishes a related Advisory Committee to advise OHA and consult with the Coordinator on updates to the Plan and annual reports to the legislature.
- SB 52 (adopted 5/24/19, effective 7/1/20)20 requires each school district to adopt a district plan on K-12 student suicide prevention, intervention, and postvention that addresses the needs of high-risk student populations and describes any materials for related employee training. The plan must be made available annually to students, parents/guardians, employees, and volunteers and be readily available at the school district office and online.
- Oregon law (ORS § 418.735) requires OHA to develop a plan for communication among local mental health authorities and local systems when suspected suicides involve an individual under age 24; the plan must address community suicide response and post-intervention efforts. School districts and post-secondary institutions must also report to OHA within 7 days on activities implemented following a suspected student suicide.
- Oregon law (ORS § 676.860) requires certain behavioral and physical healthcare providers to report to their licensing boards at re-licensure any continuing education received in suicide risk assessment, treatment and management and OHA to develop a list of available continuing education opportunities.

## Get Involved

The **AFSP Oregon Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Oregon**  
[oregon@afsp.org](mailto:oregon@afsp.org)

### Become an Advocate

AFSP's Oregon advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

**Visit [afsp.org/advocate](https://afsp.org/advocate) to sign up!**