Suicide Facts & Figures: Ohio 2020

On average, one person died by suicide every five hours in the state.

More than six times as many people died by suicide in Ohio in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 37,143 years of potential life lost (YPLL) before age 65.

Suicide cost Ohio a total of $1,736,643,000 combined lifetime medical and work loss cost in 2010, or an average of $1,206,840 per suicide death.

11th leading cause of death in Ohio

<table>
<thead>
<tr>
<th>2nd leading cause of death for ages 10-34</th>
<th>8th leading cause of death for ages 55-64</th>
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<tbody>
<tr>
<td>4th leading cause of death for ages 35-55</td>
<td>18th leading cause of death for ages 65+</td>
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</table>

Suicide Death Rates

<table>
<thead>
<tr>
<th></th>
<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
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<tbody>
<tr>
<td>Ohio</td>
<td>1,838</td>
<td>15.23</td>
<td>28</td>
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<tr>
<td>Nationally</td>
<td>48,344</td>
<td>14.21</td>
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Suicide Prevention Programs and Initiatives

• State suicide prevention efforts are led by the Ohio Department of Mental Health and Addiction Services (OhioMHAS, https://bit.ly/2XpuJKa), whose priorities include increasing and expanding prevention efforts targeting all Ohioans, in particular those who are most at risk; increasing the capacity of clinicians working within health systems to assist patients at risk for suicide and their families; and developing timely identification of areas of increased need.

• A key partner of OhioMHAS, the Ohio Suicide Prevention Foundation released the updated Suicide Prevention Plan for Ohio 2020-2022 (https://bit.ly/3btVaod), developed by a diverse stakeholder group with support from the Governor and informed by data, evidence-based approaches, and lessons learned from current practice.

• Project AWARE Ohio (http://bit.ly/2ysFrme), a partnership among the Ohio Department of Education, the Center for School Based Mental Health Programs at Miami University, and the educational service centers within three pilot counties (Cuyahoga, Warren, and Wood), makes Youth Mental Health First Aid training available statewide at no cost. The Project is funded by the U.S. Department of Health and Human Services.

• Ohio law (§ 3319.073) requires nurses, teachers, counselors, school psychologists, administrators, and other personnel that a school board determines appropriate, to receive youth suicide awareness and prevention training once every 2 years.

• Ohio law (§ 3345.37) requires institutions of higher education to develop, implement, and post online a policy to advise students and staff of available suicide prevention programs both on and off campus. See suicideprevention.ohio.gov.

Get Involved

The AFSP Ohio Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:
AFSP Ohio
ohio@afsp.org

Become an Advocate

AFSP’s Ohio advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!