

Suicide Facts & Figures:

New York 2020



On average, one person died by suicide every five hours in the state.

More than five times as many people died by suicide in New York in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 33,042 years of potential life lost (YPLL) before age 65.



Suicide cost New York a total of **\$1,806,769,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,167,918 per suicide death.**



12th leading cause of death in New York

2nd leading

cause of death for ages 10-34

4th leading

cause of death for ages 35-54

9th leading

cause of death for ages 55-64

18th leading

cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
New York	1,723	8.28	49
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

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Suicide Prevention Programs and Initiatives

- The NYS Office of Mental Health (OMH) created the Suicide Prevention Office (SPO, omh.ny.gov/omhweb/suicide_prevention) in 2014 to coordinate all OMH-sponsored suicide prevention activities. In 2016, the SPO released 1700 Too Many: The 2016-2017 New York State Suicide Prevention Plan (<http://bit.ly/2Gz4Grw>) focusing on prevention in health and behavioral healthcare settings (Zero Suicide); prevention in communities across the lifespan; and suicide surveillance and data collection.
- Through the SPO, OMH funds the Suicide Prevention Center of New York State (SPC-NY, preventsuicideny.org) to advance and support community-based suicide prevention efforts. Operated by the Research Foundation for Mental Hygiene, SPC-NY advances and supports state and local actions via education, training, consultation, and coalition building.
- SPO partners with the Suicide Prevention-Training, Implementation, and Evaluation program (SP-TIE, <https://bit.ly/2Bv3Mu2>) of the Center for Practice Innovations at the NYS Psychiatric Institute/Columbia University Medical Center to provide suicide prevention training for gatekeepers, clinicians, and policy makers.
- NY Mental Hygiene law tasks OMH with assuring the development of plans, programs, and services in the areas of research and prevention of suicide (§ 7.07 (g)) and with periodically reviewing state suicide prevention programs to ensure that the needs of individuals at risk of suicide are being met (§ 7.07 (h)).
- NY Mental Hygiene law (§ 41.49) establishes the Adolescent Suicide Prevention Program within OMH to provide grants to public or private schools and nonprofits to educate the public on the identification and treatment of youth at risk for suicide.
- NY Education law (§ 804) clarifies that mental health is to be included as an integral part of health education in NYS schools.

Get Involved

The **AFSP New York Chapters** bring together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP New York
newyork@afsp.org

Become an Advocate

AFSP's New York advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!