

Suicide Facts & Figures:

Nebraska 2020



On average, one person died by suicide every 32 hours in the state.

More than four times as many people died by suicide in Nebraska in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 5,363 years of potential life lost (YPLL) before age 65.



Suicide cost Nebraska a total of **\$223,376,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,157,386 per suicide death.**



10th leading cause of death in Nebraska

2nd leading

cause of death for ages 10-34

5th leading

cause of death for ages 35-44

6th leading

cause of death for ages 45-54

7th leading

cause of death for ages 55-64

18th leading

cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Nebraska	271	13.40	39
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

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Suicide Prevention Programs and Initiatives

- The Nebraska State Suicide Prevention Coalition (NSSPC, suicideprevention.nebraska.edu) is a voluntary group made up of public and private agencies, survivors of suicide loss, and other interested stakeholders. NSSPC is recognized by the Nebraska Department of Health and Human Services (NDHHS) as the primary group responsible for coordinating state suicide prevention efforts.
- The NSSPC provides suicide prevention information, resources, and materials to faith-based groups, service clubs, non-profit groups, and corporations; provides means restriction material to emergency rooms for distribution to networks of support for people with self-inflicted injuries; promotes and publicizes suicide prevention efforts of other groups; and promotes suicide prevention training, in addition to other initiatives.
- NSSPC partners with the NDHHS, Division of Behavioral Health, Nebraska's Behavioral Health Regions, and the University of Nebraska Public Policy Center to carry out activities of the Nebraska Youth Suicide Prevention Initiative (youthsuicideprevention.nebraska.edu), funded through a federal Garrett Lee Smith Grant.
- The Nebraska Statewide Suicide Prevention Plan 2016–2020 provides a framework for state agencies, regional entities, community coalitions, and organizations to guide development of action plans related to suicide prevention (<https://bit.ly/2rJCmfA>).
- Nebraska law (§79-2,146) requires all public-school nurses, teachers, counselors, school psychologists, administrators, school social workers and other appropriate personnel to receive at least one hour of suicide awareness and prevention training each year. Visit suicideprevention.nebraska.edu/schoolsafety.htm for available trainings and a related 5-year action plan (2015-2020).

Get Involved

The **AFSP Nebraska Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Nebraska
nebraska@afsp.org

Become an Advocate

AFSP's Nebraska advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!