Suicide Facts & Figures: Missouri 2020

On average, one person died by suicide every seven hours in the state.

More than five times as many people died by suicide in Missouri in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 25,412 years of potential life lost (YPLL) before age 65.

Suicide cost Missouri a total of $1,016,985,000 combined lifetime medical and work loss cost in 2010, or an average of $1,188,066 per suicide death.

10th leading cause of death in Missouri

2nd leading cause of death for ages 10-34
4th leading cause of death for ages 35-54
8th leading cause of death for ages 55-64
16th leading cause of death for ages 65+

Suicide Death Rates

<table>
<thead>
<tr>
<th></th>
<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Missouri</td>
<td>1,230</td>
<td>19.48</td>
<td>11</td>
</tr>
<tr>
<td>Nationally</td>
<td>48,344</td>
<td>14.21</td>
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</tbody>
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Suicide Prevention Programs and Initiatives

- Suicide prevention activities are housed within the Department of Mental Health, Division of Behavioral Health (https://bit.ly/2Kssz7r). Federal Garrett Lee Smith and Zero Suicide grants fund several DMH/DBH initiatives: (1) the Missouri Suicide Prevention Project, a joint project with the Missouri Institute of Mental Health that sponsors training, support groups, and statewide conferences (https://bit.ly/2wkB3Zr); (2) collaboration with Partners in Prevention on suicide prevention efforts on college campuses (https://bit.ly/2A2C343); (3) creation of the Missouri Suicide Prevention Network in partnership with the Missouri Coalition for Community Behavioral Healthcare to lead statewide suicide prevention efforts (mospn.org); and (4) a website developed with grant partners to promote youth suicide prevention efforts (encouragehopeandhelp.com).

- Missouri’s state plan, Missouri Suicide Prevention Plan: A Collaborative Effort was revised in 2012 in accordance with state statute by a working group of state agencies, community members, and other stakeholders; see https://bit.ly/2XktPP8.

- Missouri law (§§ 170.047-048) allows licensed educators to annually complete up to 2 hours of training in youth suicide awareness and prevention as part of certification requirements; requires the Department of Elementary and Secondary Education to develop training guidelines and materials; requires each school district to adopt a suicide prevention, intervention, and postvention policy, including plans for related training; and requires the Department to develop a model policy that school districts may adopt and to regularly seek feedback from districts on policy implementation.

- Missouri law (§ 173.1200) requires public institutions of higher education to develop, implement, and post online a policy to advise students and staff of suicide prevention programs on and off campus. Institutions must also establish and maintain methods of anonymous reporting of potentially harmful, dangerous, violent, or criminal activities.

Get Involved

The AFSP Missouri Chapters bring together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Missouri**
missouri@afsp.org

Become an Advocate

AFSP’s Missouri advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!