

# Suicide Facts & Figures:

## Minnesota 2020



**On average, one person died by suicide every 12 hours in the state.**

**More than seven times as many people died by suicide in Minnesota in 2018 than in alcohol related motor vehicle accidents.**

The total deaths to suicide reflected a total of 16,555 years of potential life lost (YPLL) before age 65.



Suicide cost Minnesota a total of **\$749,527,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,236,843 per suicide death.**



## 8th leading cause of death in Minnesota

### 2nd leading

cause of death for ages 10-34

### 3rd leading

cause of death for ages 35-44

### 4th leading

cause of death for ages 45-54

### 8th leading

cause of death for ages 55-64

### 18th leading

cause of death for ages 65+

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
<b>Minnesota</b>	<b>739</b>	<b>13.09</b>	<b>40</b>
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from [www.cdc.gov/injury/wisqars/fatal.html](http://www.cdc.gov/injury/wisqars/fatal.html) on 3/1/2020).

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## Suicide Prevention Programs and Initiatives

- Minnesota's Suicide Prevention Program (SPP, <https://bit.ly/2POrpCX>) is housed within the MN Department of Health (MDH) Injury and Violence Prevention Section. State funding for the program is appropriated by the Legislature. SPP supports and coordinates the state suicide prevention plan and related activities and provides technical assistance and data to support community-based programs.
- In 2018, MDH adopted a new phone number for mobile crisis in the 7-county metro area, with plans to expand across the state; residents can dial \*\*CRISIS (\*\*274747) from a mobile phone to be routed to their local mobile crisis team. For a list of mental health crisis response phone numbers by county, see <https://bit.ly/32Q9x0X> (for adults) and <https://bit.ly/3761AZ7> (for children).
- Minnesota law (§ 145.56, subd. 1) directs MDH, in collaboration with others to implement the state suicide prevention plan. In 2015, the Minnesota Suicide Prevention Planning Taskforce, a public-private partnership co-chaired by MDH and Suicide Awareness Voices of Education (SAVE), released the Minnesota State Suicide Prevention Plan, Goals and Objectives for Action 2015 - 2020 (<https://bit.ly/2u9wRYC>).
- Minnesota law (§ 145.56 subd. 2-5) directs the health commissioner to: establish a grant program to fund community-based programs; promote the use of employee assistance and workplace programs; provide training and technical assistance to professionals; issue annual public reports; and evaluate the impact of and outcomes from implementation of the state suicide prevention plan (see related MDH 2016 legislative report at <https://bit.ly/2TMHkWq>).
- Minnesota law (§ 122A.187 subd. 6) requires the Professional Educator Licensing and Standards Board to require all licensed teachers to obtain at least 1 hour of suicide prevention best practices in each renewal period for Tier 3 or Tier 4 teaching licenses.

## Get Involved

The **AFSP Minnesota Chapters** bring together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Minnesota**  
[minnesota@afsp.org](mailto:minnesota@afsp.org)

### Become an Advocate

AFSP's Minnesota advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

**Visit [afsp.org/advocate](https://afsp.org/advocate) to sign up!**