On average, one person died by suicide every six hours in the state.

Almost six times as many people died by suicide in Michigan in 2018 than in alcohol related motor vehicle accidents.
The total deaths to suicide reflected a total of 32,172 years of potential life lost (YPLL) before age 65.

Suicide cost Michigan a total of $1,501,780,000 combined lifetime medical and work loss cost in 2010, or an average of $1,189,058 per suicide death.

Suicide Death Rates

<table>
<thead>
<tr>
<th></th>
<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michigan</td>
<td>1,548</td>
<td>15.05</td>
<td>31</td>
</tr>
<tr>
<td>Nationally</td>
<td>48,344</td>
<td>14.21</td>
<td></td>
</tr>
</tbody>
</table>


10th leading cause of death in Michigan

2nd leading cause of death for ages 10-34
4th leading cause of death for ages 35-54
8th leading cause of death for ages 55-64
18th leading cause of death for ages 65+
Suicide Prevention Programs and Initiatives

- Michigan’s suicide prevention program is housed in the Michigan Department of Health and Human Services (MDHHS) Injury and Violence Prevention Section; see https://bit.ly/32Ls92c for a map of local coalitions and crisis lines; communication tools; fact sheets; resources for families, communities, schools, and Veterans; training resources; and events calendar, including support groups and trainings.

- MDHHS operates the Transforming Youth Suicide Prevention in Michigan-3 (TYSP-Mi3) Program with funding through a federal Garrett Lee Smith grant; the TYSP-Mi3 Program is designed to impact rates of youth/young adult suicide by establishing suicide prevention as a core priority in the child welfare system and a growing network of emergency departments. See https://bit.ly/2I3fQWY.

- The nonprofit Michigan Association for Suicide Prevention (https://www.mymasp.org/) works to facilitate training in suicide awareness, prevention, intervention, and postvention.

- The original Suicide Prevention Plan for Michigan was released in 2005 with three main goals: to increase awareness across the state, to develop and implement best clinical and prevention practices, and to advance and disseminate knowledge about suicide and effective methods for prevention. An updated plan was released in 2019, see https://bit.ly/2YIYfjq.

- Michigan law (MCL § 380.1171 – Chase Edwards’ Law, adopted 2006) encourages school boards to provide age-appropriate instruction for pupils and professional development for school personnel concerning the warning signs for suicide and depression and the protective factors that help prevent suicide.

Get Involved

The AFSP Michigan Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Michigan
michigan@afsp.org

Become an Advocate

AFSP’s Michigan advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!