Suicide Facts & Figures: Indiana 2020

On average, one person died by suicide every eight hours in the state.

Almost five times as many people died by suicide in Indiana in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 23,559 years of potential life lost (YPLL) before age 65.

Suicide cost Indiana a total of $1,023,791,000 combined lifetime medical and work loss cost in 2010, or an average of $1,184,944 per suicide death.

11th leading cause of death in Indiana

- 2nd leading cause of death for ages 10-34
- 4th leading cause of death for ages 35-44
- 5th leading cause of death for ages 45-54
- 8th leading cause of death for ages 55-64
- 18th leading cause of death for ages 65+

Suicide Death Rates

<table>
<thead>
<tr>
<th></th>
<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indiana</td>
<td>1,079</td>
<td>15.96</td>
<td>24</td>
</tr>
<tr>
<td>Nationally</td>
<td>48,344</td>
<td>14.21</td>
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</tbody>
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**Suicide Prevention Programs and Initiatives**

- Indiana law establishes the statewide suicide prevention program coordinator within the Family and Social Services Administration Division of Mental Health and Addiction (DMHA) (§ 12-21-1-3) and charges DMHA with developing a statewide program to be implemented and maintained by the coordinator (§12-21-5-5); the coordinator facilitates the Indiana Suicide Prevention Network (ISPN) advisory council and participates in the ISPN as well as Indiana Suicide Prevention Coalition activities (see in.gov/issp).

- The Indiana Suicide Prevention Framework (https://bit.ly/33ESShJ) and toolkit (https://bit.ly/2BmeUcZ), presented by ISPN and supported by DMHA, was created and adopted to promote a systematic prevention approach and achieve the goal of zero suicides. ISPN, DMHA, and other key partners provide technical assistance for framework utilization.

- Indiana law requires all superintendents, principals, teachers, librarians, school counselors, school psychologists, school nurses, and school social workers to participate in research based in-service youth suicide awareness and prevention training in a manner prescribed by the state board of education (§ 20-28-3-6); and requires all schools to adopt a suicide awareness and prevention policy that includes postvention plans (§ 20-26-5-34.4).

- Indiana law requires postsecondary educational institutions to adopt a policy to increase awareness of suicide prevention resources available to students and staff and to link to those resources online (§ 21-48-1-1).

- Indiana law requires DMHA to develop and administer a mental health first aid training program (§ 12-21-5-4) and to train health care providers, including mental health and behavioral health providers, in suicide assessment, treatment, and management (§ 12-21-5-2); requires certified or licensed emergency medical services personnel to be trained in suicide assessment, treatment, and management (§ 16-31-3-2).

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**Get Involved**

The **AFSP Indiana Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Indiana**
indiana@afsp.org

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**Become an Advocate**

AFSP’s Indiana advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!