

Suicide Facts & Figures:

Idaho 2020



On average, one person died by suicide every 21 hours in the state.

More than seven times as many people died by suicide in Idaho in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 9,199 years of potential life lost (YPLL) before age 65.



Suicide cost Idaho a total of **\$329,244,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,135,325 per suicide death.**



7th leading cause of death in Idaho

2nd leading

cause of death for ages 10-34

3rd leading

cause of death for ages 35-44

4th leading

cause of death for ages 45-54

7th leading

cause of death for ages 55-64

12th leading

cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Idaho	417	23.92	5
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

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Suicide Prevention Programs and Initiatives

- The Idaho Council on Suicide Prevention (<https://bit.ly/2GlaUyZ>) was established by the Governor in 2006 to lead suicide prevention efforts in the state.
- The Idaho Suicide Prevention Program (§ 56-1003, <https://bit.ly/2SPJLW5>) was established by the Legislature in 2016 within the Division of Public Health in the Idaho Department of Health and Welfare (DHW) to implement strategies aligned with the Idaho Suicide Prevention Plan.
- In March 2018, the Legislature directed the Council to convene a stakeholder group, later named the Idaho Suicide Prevention Action Collective (ISPAC), to facilitate the development of a new state plan and accompanying budget request, with administrative support from DHW (HB 704, Section 6.); the resulting Idaho Suicide Prevention Plan 2019-2023 (<https://bit.ly/2OVbS7I>) includes an action plan to be evaluated and updated annually by ISPAC.
- The Idaho Suicide Prevention Hotline (1-208-398-4357; idahosuicideprevention.org) provides crisis intervention, emotional support, and resource referrals for all Idahoans.
- Idaho law (§ 33-136) requires annual suicide awareness and prevention training for public school employees; requires schools districts to adopt a policy on suicide prevention, intervention, and postvention; and requires the Department of Education to develop and maintain a related model policy.
- Idaho law (§ 16-2404A) authorizes DHW to contract for teen early intervention specialists to work with at-risk teens and their families in school districts by offering group counseling, recovery support, suicide prevention, and other mental health and substance abuse counseling services to teens as needed, regardless of mental health diagnosis.

Get Involved

The **AFSP Idaho Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Idaho
idaho@afsp.org

Become an Advocate

AFSP's Idaho advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!