

Suicide Facts & Figures:

Connecticut 2020



On average, one person died by suicide every 21 hours in the state.

More than three times as many people died by suicide in Connecticut in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 6,798 years of potential life lost (YPLL) before age 65.



Suicide cost Connecticut a total of **\$410,800,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,163,740 per suicide death.**



11th leading cause of death in Connecticut

2nd leading

cause of death for ages 10-34

4th leading

cause of death for ages 35-54

7th leading

cause of death for ages 55-64

17th leading

cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Connecticut	419	10.54	45
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

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Suicide Prevention Programs and Initiatives

- Connecticut's suicide prevention initiatives are implemented through the Connecticut Suicide Advisory Board (CTSAB, <https://bit.ly/2wX9tCR>), of which AFSP is a member. The CTSAB is supported and co-chaired by the Dept. of Children and Families and the Dept. of Mental Health and Addiction Services and is funded through a Community Mental Health Services Block Grant.
- The CTSAB meets monthly for programmatic and strategic planning to address issues related to suicide across the lifespan; raises awareness through the "1 Word 1 Voice 1 Life" website (preventsuicidect.org); links state and grassroots local efforts; promotes training capacity; and developed and is responsible for implementing The State of Connecticut Suicide Prevention Plan 2020 (<https://bit.ly/2T3flAo>).
- CT law requires school boards to provide an in-service training program on the prevention and response to youth suicide for certified teachers, administrators, and pupil personnel (§ 10-220a); requires related school board policies (§ 10-221) and the Dept. of Education to provide related annual training to school employees (§ 10-222j); requires candidates for professional teacher certification to complete a preparation program that includes information on suicide prevention (§ 10-145a) and beginning teachers to complete instructional modules in youth suicide prevention and response (§ 10-145o); and requires public school instruction programs to include mental and emotional health, including youth suicide prevention (§ 10-16b).
- CT law (§ 7-294g) requires police basic training programs to include a course on the recognition and management of child abuse and suicide intervention procedures. SB 164 (adopted 6/18/19) allows first responders to receive certain workers' compensation benefits for post-traumatic stress disorder caused by "qualifying events" and requires their employers to adopt related policies and trainings.

Get Involved

The **AFSP Connecticut Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Connecticut
connecticut@afsp.org

Become an Advocate

AFSP's Connecticut advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!