Suicide Facts & Figures: Arizona 2020

On average, one person died by suicide every six hours in the state.

More than five times as many people died by suicide in Arizona in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 27,938 years of potential life lost (YPLL) before age 65.

Suicide cost Arizona a total of $1,246,006,000 combined lifetime medical and work loss cost in 2010, or an average of $1,139,987 per suicide death.

Leading causes of death in Arizona:
- 8th leading cause of death for ages 55-64
- 2nd leading cause of death for ages 10-34
- 3rd leading cause of death for ages 35-44
- 5th leading cause of death for ages 45-64
- 13th leading cause of death for ages 65+

Suicide Death Rates:

<table>
<thead>
<tr>
<th></th>
<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
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</thead>
<tbody>
<tr>
<td>Arizona</td>
<td>1,438</td>
<td>19.21</td>
<td>14</td>
</tr>
<tr>
<td>Nationally</td>
<td>48,344</td>
<td>14.21</td>
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Suicide Prevention Programs and Initiatives

- Arizona’s suicide prevention efforts are implemented through the Arizona Suicide Prevention Coalition (AZSPC, azspc.org), whose mission is to change conditions that result in suicidal acts through awareness, intervention, and action.
- The Arizona Health Care Cost Containment System, AHCCCS, (https://bit.ly/2lXyRCF) coordinates efforts across several state agencies, organizations, and coalitions to educate citizens that everyone can play a role in preventing suicide. The AHCCCS coordinates and publishes the annual state plan with the AZSPC. See the latest plan, An End to Suicide in Arizona 2019 State Plan online at https://bit.ly/2xiS9rZ.
- SB 1468 (adopted 5/8/19) requires, beginning in the 2020-2021 school year, that all school guidance counselors, teachers, principals, and other school personnel who work with students in grades 6-12 receive training in suicide prevention every 3 years and that AHCCCS post approved training materials on their website (ARS § 15-120). It also requires that all teacher training programs in the state provide suicide awareness and prevention instruction to all teacher candidates (ARS § 15-1656).
- Arizona law (ARS § 15-218) requires that the Arizona state board of education adopt rules to allow certified teachers and administrators to count suicide awareness and prevention training programs as continuing education credits.
- HB 2488 (adopted 4/17/19, now Arizona law ARS § 36-146) requires the Department of Health Services to annually compile and submit to the legislature a report on Veteran suicide in Arizona.

Get Involved

The AFSP Arizona Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Arizona
arizona@afsp.org

Become an Advocate

AFSP’s Arizona advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!